

# *A Journey of Healing*

LENT 2021

IN THE PARISH OF QUEEN OF THE APOSTLES



## **LENTEN DISCIPLINE:**

The season of Lent calls the Catholic believer to a threefold rhythm of life: prayer, fasting and almsgiving. The many ministerial opportunities offered here help in the unfolding of this great preparation for Easter.

Catholics are further reminded that on the Fridays of Lent, abstinence from meat, meat products and poultry (not including eggs or meat broths and bases to soups) is a discipline for all who are not limited by age or illness, or those who care for the sick.

Further, on Ash Wednesday and Good Friday along with the abstinence defined above, Catholics from age 14 through 59, who are in good health and not limited by sickness, age or those who care for them, are called to fast. That means, one full meal may be taken on those days and two smaller meals with no food between them.

## **FAMILY PRAYER PARTNERS:**

Since circumstances separate us from our fellow parishioners this year, we are going to offer prayer partners to keep us connected as a community of faith. Between February 13-19, pick up a partner card for yourself or family in the church Gathering Space, complete it and place it in the basket. Feel free to email or call the office if you are not participating in person. We will mail you a prayer partner. Beginning on February 20, pick up another family's prayer partner card from the greeter in the Gathering Space of the church and keep that family in prayer throughout Lent.

# Ash Wednesday

## **WEDNESDAY, FEBRUARY 17:**

Lent begins with a call to prayer and with the imposition of ashes:

At the direction of the Vatican, you will NOT receive ashes on your forehead, the ashes will be sprinkled on top of your head.

7:00 AM: Morning Prayer and Ashes

9:00 AM: Eucharist and Ashes

12:15 PM: Mid-day Prayer and Ashes

7:15 PM: Eucharist and Ashes

# Daily Masses throughout Lent

**Daily Masses throughout Lent will be moved from the St. Katharine Drexel Chapel to the Church to accommodate more participants and to allow us to LiveStream as well. Mass is held on Mondays, Tuesdays, Wednesdays and Fridays at 9:00am.**

# Mondays in Lent

The Rosary continues to be LiveStreamed at 7:00pm in various languages.

**FEBRUARY 22:** In Spanish

**MARCH 1:** In English

**MARCH 8:** In Creole

**MARCH 15:** In English

**MARCH 22:** In Tagalog

**MARCH 29:** In English

# Tuesdays in Lent

Adoration of the Blessed Sacrament will be available every Tuesday from 6:00-8:00pm. The Sacrament of Reconciliation will also be available at those times.

**FEBRUARY 23, MARCH 2, 9, 16, 23 AND 30**

# Wednesdays in Lent

Join us on Wednesday evenings at 7:00pm either in person or via LiveStream for Lenten Reflections as we take A Journey of Healing with Christ.

**FEBRUARY 24:** Healed by the Covenant

**MARCH 3:** Healed by Trust

**MARCH 10:** Healed by the Word

**MARCH 17:** Healed by Mercy

**MARCH 24:** Healed by Love

## *Fridays in Lent*

The Sacrament of Reconciliation will be available in the Church from 7:30-8:30am.

## *Sunday of the Lord's Passion and the Blessing and Distribution of Palm Branches*

While we can't gather to share the annual Passion Play, please visit our website for a recorded version as we enter into Holy Week. The Passion Play will be available on the home page of our website on Saturday, **March 27, 2021**.

Father Paul will be available under the church portico on Passion Sunday from 12:00 until 1:00pm distributing palms to those unable to participate in the live celebration of Mass.

## *Easter Meal Kits*

With the success of our Thanksgiving Meal Kit campaign, we would like to again ask you to provide a similar kit for an Easter meal.

- Pick up a bag containing a shopping list in the Gathering Space or Breezeway
- Shop for the listed items—including a \$15 Food Lion gift card to cover a ham
- Return your filled bag to the Church or office no later than **March 21**

Filled meal kit bags for those in need will be available for pick-up or delivery on **Saturday, March 27** in the MAK Family Life Center.

If you need a bag or know someone who does, please go to [www.queenoftheapostles.org](http://www.queenoftheapostles.org) to request one through the link or phone the church office at 704-825-9600 no later than Friday, **March 19**.



## **STATIONS OF THE CROSS:**

Prerecorded Stations of the Cross said in our sanctuary will be available on the home page of our website for you to pray at your convenience. There will be separate links for regular Stations and a children's Stations.

## **SACRAMENT OF RECONCILIATION:**

Since we are unable to offer a Communal Penance Service this year, the Sacrament of Reconciliation will be offered on Tuesday evenings from 6:00-8:00pm and Friday mornings from 7:30-8:30am during Lent as well as the regularly scheduled time on Saturday evenings at 4:00pm.

## **A JOURNEY OF HEALING: CHRIST AS HEALER**

A Journey of Healing is our five-week Lenten series of music and reflections that opens our eyes to Christ as Healer, a theme so needed in our current times. Join with Father Paul, Chrissy Glisson and Tom Calabro as they lead us in prayer, song and reflection over the course of Lent.

## **CRS RICE BOWLS:**

As in past years, our parish will participate in the Catholic Relief Services Rice Bowl project a faith in-action program that invites us to encounter the needs of the world with the hope of the Resurrection. Rice Bowls will be available in the Gathering Space of the Church.

